

Creating Out of Nothing: Experimental Acting Lab

Creating Out of Nothing is a highly participatory improv experience. Go beyond the layers and take a deep dive into scenes, games and exercises. Rather than “perform,” experiment with improv and the moment-to-moment process of Meisner emotional honesty acting. The experimental “lab” process uses deeper tools of observation & listening in order to stay in the moment. In trusting our ability to not know what comes next, we do what we didn’t think we could. Let go, stay curious, and get ready to be surprised about what comes out!

Each session builds on the next. The 3-session experience culminates in a day-long program and private showcase. Open to adults 18+ of all levels & backgrounds. No prior acting experience necessary. A willingness to learn a must.



Limited to 12 participants. RSVP & register on [Eventbrite](https://www.eventbrite.com) in order to join, or email us at ajitamorano@gmail.com. No cost to reserve your spot. Held at the Hub, Sedona Posse Grounds, 525B Posse Grounds Rd., Sedona, AZ.

- ***Wednesdays July 26 & September 13, 7-9pm. Suggested donation each session, \$10-15***
- ***Saturday November 18, 10am-4pm. Break for lunch 1-2pm. Private showcase, 4-5:30pm. \$45***



Joanna Horton McPherson’s passion is building mindful, creative and beneficial learning communities. Much of her background in professional acting, education and program development focuses on creating trust through theatre for social change. She writes and hosts events exploring self-awareness and interconnection.

Ajita Petra Morano fell in love with Improv Theater in the late 80s guided by a renowned theater director from Germany. Her experience of exploring the depth and variety of Improv Theater was part of her personal healing process. Having explored different meditation styles for a decade in India helps her to facilitate going beyond the need of being “funny or perfect.” Her teaching process nurtures the awareness needed to be present with your partner on stage...and in life.